Form 144 Filer Information

FORM 144

144: Filer Information

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Form 144

NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

Filer CIK	0001690105	
Filer CCC	xxxxxxx	
Is this a LIVE or TEST Filing?	■ LIVE TEST	
Submission Contact Information		
Name		
Phone		
E-Mail Address		
144: Issuer Information		
Name of Issuer	Xponential Fitness, Inc.	
SEC File Number	001-40638	
Address of Issuer	17877 VON KARMAN AVE SUITE 100 IRVINE CALIFORNIA 92614	
Phone	6507522078	
Name of Person for Whose Account the Securities are To Be Sold	Meloun John P	
See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.		
Relationship to Issuer	Officer	
Relationship to Issuer	Chief Financial Officer	
144: Securities Information		
Title of the Class of Securities To Be Sold	Common Stock	
Name and Address of the Broker	Georgeson Securities Corp 144 Fernwood Ave EDISON NJ 08837	
Number of Shares or Other Units To Be Sold	17310	
Aggregate Market Value	243733.45	
Number of Shares or Other Units Outstanding	30891038	
Approximate Date of Sale	03/06/2024	
Name the Securities Exchange	NYSE	

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold		
Title of the Class	Common Stock	
Date you Acquired	03/06/2024	
Nature of Acquisition Transaction	Restricted Stock vesting	
Name of Person from Whom Acquired	Xponential Fitness, Inc.	
Is this a Gift?	Date Donor Acquired	
Amount of Securities Acquired	17310	
Date of Payment	03/06/2024	
Nature of Payment	Services Rendered	

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Name and Address of Seller	John Meloun 17877 Von Karman Ave Suite 100 Irvine CA 92614
Title of Securities Sold	Common Stock
Date of Sale	03/06/2024
Amount of Securities Sold	6160
Gross Proceeds	62153.17

144: Remarks and Signature

Remarks	Under securities to be sold, date acquired and date of payment are various
Date of Notice	03/06/2024

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature	Conformed Signature on File