UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): December 11, 2023

XPONENTIAL FITNESS, INC.

(Exact name of registrant as specified in its charter)

Delaware 001-40638
(State or other jurisdiction of (Commission incorporation or organization) File Number)

92614

84-4395129

(I.R.S. Employer

Identification No.)

17877 Von Karman Ave., Suite 100 Irvine, CA (Address of principal executive offices)

(Zip Code)

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	ck the appropriate box below if the Form 8-K filing is interpolation (see General Instruction A.2, below):	nded to simultaneously satisfy the filing	obligation of the registrant under any of the
	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)		
	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)		
	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))		
	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))		
Securities registered pursuant to Section 12(b) of the Exchange Act:			
	Title of each class	Trading Symbol(s)	Name of each exchange on which registered
Class A common stock, par value \$0.0001 per share		XPOF	New York Stock Exchange

Registrant's telephone number, including area code: (949) 346-3000

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

Emerging growth company ⊠

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. \Box

Item 8.01. Other Events

On December 5, 2023, Xponential Fitness, Inc. (the "Company") was contacted by the Securities and Exchange Commission (the "SEC"), requesting that the Company provide it with certain documents. The Company intends to cooperate fully with the SEC in this matter. The Company is making this disclosure at this time in order to provide an update regarding a press inquiry about the SEC contacting the Company, whereby the Company responded to the press inquiry before it had actually been contacted by the SEC. However, the Company does not otherwise intend to provide additional information regarding this matter unless and until it believes there is a material development that warrants public disclosure.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

XPONENTIAL FITNESS, INC.

/s/ John Meloun By: Date: December 11, 2023

Name: John Meloun
Title: Chief Financial Officer